

## Podcast about good communication for health care workers

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*Excellence in Practice: Voices for Better Care* is a podcast by the [National Centre of Excellence in Intellectual Disability Health](#) (the Centre).

For this episode, the hosts spoke to Nick Lennox, who is a member of the Centre's council and an experienced clinician, professor and researcher. He is the Senior Medical Advisor to the Primary Care Division of the Department of Health, Disability, and Aged Care.

They also spoke to Beck Biddle, who is a member of the Centre's [Learn and Lead Group](#) and has worked as a self-advocate for disability rights for over 10 years.

You can follow the Centre on [Facebook](#), [Instagram](#) and [LinkedIn](#).

The podcast hosts for this episode are Ricky Kremer and Raylene Griffiths.

This podcast includes artwork by [Emily Crockford](#) at [Studio A](#).

To contact us about the podcast please email: [podcast@downsyndrome.org.au](mailto:podcast@downsyndrome.org.au)

*The Excellence in Practice: Voices for Better Care Podcast is intended for healthcare professionals, and the comments are of a general nature. The views, information or opinions expressed by individuals in these podcast episodes are their own and do not necessarily reflect the views of the Centre.*

**This resource is part of a series**

**[Excellence in Practice: Voices for Better Care](#)**

People with intellectual disability can have different health needs. But many do not get the care and support they need and deserve.

This podcast is for health care professionals who want to provide better care for people with intellectual disability.

In each episode, hosts Ricky Kremer and Raylene Griffiths talk with experts, healthcare professionals, and people with lived experience. They share real stories and practical ideas to help you build your skills and confidence.

Each episode explores a key topic in health care. The hosts and guests talk about what good care looks like. They say what still needs to change.

Better care starts with better understanding. The podcasts brings together lived experience and expert insight. This supports health care professionals to offer more inclusive, respectful, and effective care.

The Excellence in Practice: Voices for Better Care Podcast is for health care professionals. It is made by the National Centre of Excellence in Intellectual Disability Health (the Centre).

The Centre works to improve health care for people with intellectual disability. The information shared in the podcast is general in nature. The views and opinions of the hosts and guests are their own. The things people say on the podcast might not be the same as the views of the Centre.

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**This resource was made by**

**National Centre of Excellence in Intellectual Disability Health**

The [National Centre of Excellence in Intellectual Disability Health](#) (the Centre) works to improve health services and the health system so people with intellectual disability can live their best, healthiest lives.

The Centre was funded by the Australian Government. It is part of the [National Roadmap for Improving the Health of People with Intellectual Disability](#).

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