

# **NSW Intellectual Disability Mental Health Hubs**

This resource is for professionals in NSW working with people with intellectual disability who need support for their mental health. It has information about Intellectual Disability Mental Health Hubs.

The hubs help people with intellectual disability get mental health care that meets their needs. There is a hub for adults and a hub for children and young people.

The hubs have:

- face to face support
- online care
- ways to work well with people with intellectual disability and their families and carers
- training and support for professionals.

People need a referral to use the services offered by the hubs.

The hubs help make sure everyone has fair access to good mental health care.

## **We trust this resource**

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

## **This resource was made by**

### **NSW Health**

??NSW Health is the major provider of health services to people in New South Wales.

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