

Supported decision making for families and carers

About Easy Read

Easier words with pictures to help explain some ideas.

Supported decision making guide

Two people reading a document together.

This guide is about supported decision making.

This is when you help someone make an important decision.

You help someone decide what they want to do.

You do not make the decision for them.

The guide explains

- How supported decision making can help
- What to do before you start supported decision making

This guide is on a website called Neve.

Neve was written by Women With Disabilities Australia.

This guide to supported decision making is on a website called Neve. Neve was written by Women With Disabilities Australia.

The guide says that when you use supported decision making, you help someone decide what they want to do.

You do not make the decision for them.

The guide explains how you can support someone's right to choose by helping them to:

- get and understand the information they need
- think about the different choices they have
- make a choice even if you disagree with what they choose
- tell other people about their decision.

You might not always agree with the choices made by the person you care for or support. But you should support their decision unless it puts people in danger.

You can read Neve's guide to supported decision making in Easy Read or Plain English.

[Supported decision making in Plain English \(neve-plainenglish.wwda.org.au\)](http://neve-plainenglish.wwda.org.au)

We trust this resource

We trust this resource because it is:

- Made with people with intellectual disability
- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

This resource was made by

Women With Disabilities Australia

Women With Disabilities Australia (WWDA) is the national Disabled People's Organisation (DPO) and National Women's Alliance (NWA) for women, girls, and gender

Gender is how a person feels about being a boy, a girl, both, or neither. It can be different from the sex they were given at birth.

-diverse people with disabilities in Australia.

- [Visit](#)