

## Resources for parents with intellectual disability

Positive Powerful Parents is a website that says that people with intellectual disability can be safe and loving parents.

Some parents may need:

- support from family, friends or health services
- plans to help them be the best parents they can be
- help working with child protection services.

The website has information and resources that can help. The website was made by people with lived experience.

### We trust this resource

We trust this resource because it is:

- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

**This resource was made by**

**Positive Powerful Parents**

Positive Powerful Parents is a self **advocacy**

**Advocacy** is having your voice heard so your rights and needs are met.

An **advocate** is a person who speaks up to get you the support you need.

group run by and for parents with intellectual disability.

- [Visit](#)