

## All about sex

All About Sex is a series of fact sheets that are easy to read. The fact sheets have pictures that show things about sex and relationships.

The fact sheets have information about topics like:

- bodies
- relationships
- sex
- masturbation
- sexuality, like being LGBTQIA+
- gender
- pregnancy and having children
- sexual health
- sexual assault.

You can read the fact sheets by yourself. Or you can read the fact sheets with a family member, teacher or someone else.

## We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

**This resource was made by**

**Family Planning Australia**

Family Planning Australia is a leading provider of reproductive and sexual health services.

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